Integrated Care

Background

People with co-occurring behavioral health and intellectual/developmental disability (BHIDD) require integrated care and services to thrive in their communities. The following community residential programs integrate services to address challenging behavior in a personalized way by combining Positive Behavior Support (rooted in Applied Behavior Analysis) with mental health treatment by diverse qualified mental health professionals. Services are provided across a continuum of care with enhanced care coordination so that support is maintained regardless of where the person resides.



Referral Process

Due to the limited capacity for these services, referrals are identified and routed by The Department of Mental Health (DMH) to ensure access is first granted to those with the highest priority of need.

DMH staff contact care teams to notify them of the qualification for a BHIDD program referral. The referral is entered into CareManager, where information is autorouted to providers based on their specific program inclusion/exclusion criteria and client support needs.

Providers then review referrals and, if able to accept, begin the planning process with care teams. If they cannot accept, they document why and what might increase the odds of acceptance in the future. This is done within CareManager so that reporting and closed-loop care coordination can occur.

For all community residential programs (not HARP), individuals must first be active on DD's Consumer Referral Database where DMH pulls priority referrals for program participation. If not already on the CRD, to begin this process, go here:

https://dmh.mo.gov/devdisabilities/community-transitions

HARP referrals can be made by emailing caremanager@mobhc.org



Missouri Department of **MENTAL HEALTH**

MB MISSOURI BEHAVIORAL HEALTH COUNCIL



BHIDD Programs for Adults



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Program Highlights

Easterseals Midwest

The Easterseals Midwest program is designed to support individuals with complex needs by focusing on whole-person, trauma-informed care that wraps around the person and is dynamic. matching intensity with the person's changing needs. The program also is fundamentally relationship-oriented in two ways: Organizationally, Easterseals Midwest is developing collaborative partnerships with local community behavioral and medical health providers that augment existing provider networks rather than directly compete. Individually, the program also emphasizes building rapport, trust, and shared goals and intensive skills training to empower individuals to take an active role in their treatment and personal development.

Clark Center

The Clark Community Mental Health Center offers a step up for those with BHIDD. As part of their I-CPR program, the Clark Center has established a tiny home community of twenty homes where eight individuals who meet requirements for both CPR and DD programs can reside in their own one-bedroom tiny home in rural southwest Missouri. The property will soon have its own fully generated community room with separate laundry and F-5 tornado shelter.

Residents living in this setting must be able to perform daily living skills like cooking and showering without assistance. Though Clark Center staff will not always be on the premises, residents will be able to have quick access to staff 24 hours a day, 365 days a year. This setting is intended to be the final step taken before one achieves full independent living.

Fulton State Hospital-HARP

Hearnes Acute Rehabilitation Program (HARP) provides stabilization and skills development for individuals with developmental disabilities who are experiencing acute psychiatric symptoms. Individuals will have a short length of stay and will return to the community once ready for discharge.

Family Counseling Center

FCC's BH/IDD program will provide person-centered services that focuses on individual needs, strengths, and preferences. The BH/IDD program will offer individualized care, tailoring services and interventions to meet the unique needs of each person. Our team will collaborate with a multidisciplinary team to ensure comprehensive and holistic care. Our team will also promote self-determination, autonomy, and empowerment to help build self-esteem, confidence, and independence.

Swope

The BHIDD program at Swope Health will serve 8 adults that experience co-occurring mental illness and intellectual or developmental disabilities. Individuals work with their treatment team to develop a personalized plan for care and receive as little or a much support as needed. Activities to promote wellness and recovery are of focus with a goal to improve independence for all individuals living here.

The Arc of the Ozarks

The Arc of the Ozarks provides comprehensive supports to individuals with Intellectual and Developmental Disabilities who present with comorbid psychiatric disorders and non-preferred challenging behavior. The Arc of the Ozarks utilizes a multi-disciplinary person-centered approach to treatment, which includes Applied Behavior Analysis, Trauma-informed care, therapy, Psychiatry, and other research-based approaches. Acute crisis services are designed to provide evaluation and stabilization services based on the specific behavioral and medical presentation of the individual referred for services.

Benchmark Human Services

The service delivery model used in this program focuses on teaching behavioral alternatives to unwanted or dangerous behaviors. Our interventions are based on positive reinforcement or appropriate levels of staff support that encourage desired behavior. By employing proactive teaching approaches to facilitate behavior change, the model offers increased opportunities for lasting, positive outcomes. The program uses the basic tenets of this model in safe residential environments to reduce the potential for psychiatric placements or hospitalization for participants who require intervals of increased behavioral support.