BURRELL BEHAVIORAL HEALTH

MENTAL HEALTH COURT

CHIOMA OBI, JD, MSW

SCREENING PROCESS

- REFERRAL RECEIVED FROM TREATMENT COURT
- SCHEDULE SCREENING
- SCREEN POTENTIAL PARTICIPANT FOR ELIGIBILITY
- ➢ REPORT SENT TO TREATMENT COURT



ENROLLMENT PROCESS

- ➢ INITIAL ASSESSMENT FOR ELIGIBILITY DETERMINATION (IAED)
- ASSIGN TO COMMUNITY SUPPORT SPECIALIST (CSS)
- COMPLETE COMPREHENSIVE ASSESSMENT
- DEVELOP TREATMENT PLAN
- > WORK WITH TREATMENT TEAM (CSS, PSYCHIATRIST, THERAPIST, ES)

INITIAL ASSESSMENT FOR ELIGIBILITY DETERMINATION (IAED)

MUST MEET DESIGNATED DIAGNOSTIC CRITERIA SET BY DEPT. OF MENTAL HEALTH AND FUNCTIONAL CRITERIA BASED ON DAILY LIVING ACTIVITY (DLA) SCORE.

ASSIGN TO COMMUNITY SUPPORT SPECIALIST (CSS)

- ► TRAINED COMMUNITY SUPPORT SPECIALISTS (CSS).
- SUPPORTIVE CASE MANAGEMENT SERVICES.
- COMMUNITY SUPPORT SPECIALISTS WORK WITH CLIENTS TO: ACCESS NEEDED COMMUNITY RESOURCES, HOUSING ASSISTANCE, FINANCIAL ASSISTANCE, MEDICAL CARE, PHYSICAL HEALTH CARE SERVICES, MEDICATION SERVICES, VOCATIONAL/SOCIAL/EDUCATIONAL ACTIVITIES, INDEPENDENT LIVING SKILLS, PROBLEM SOLVING/COPING SKILLS, SOCIAL SUPPORTS, MANAGE THEIR MENTAL HEALTH SYMPTOMS AND COMPLY WITH TREATMENT COURT REQUIREMENTS.

COMPLETE COMPREHENSIVE ASSESSMENT

- CLIENT COMPLETES AN ASSESSMENT WITH COMMUNITY PSYCHIATRIC REHABILITATION EVALUATOR OR SUPERVISOR.
- MUST MEET DESIGNATED DIAGNOSTIC CRITERIA SET FORTH BY DEPT OF MENTAL HEALTH AND FUNCTIONAL CRITERIA BASED ON DAILY LIVING ACTIVITY (DLA) SCORE.

DEVELOP TREATMENT PLAN

- ➢ INDIVIDUALIZED TREATMENT PLAN IS DEVELOPED BASED ON CLIENT'S NEEDS/GOALS.
- GOALS ARE ACCOMPANIED BY OBJECTIVES AND INTERVENTIONS WHICH HAVE TO BE SPECIFIC, MEASURABLE, ATTAINABLE, RELEVANT AND TIME-BASED.



BURRELL SERVICES

- > PSYCHIATRY SERVICES
- OUTPATIENT COUNSELING/THERAPY SERVICES
- ➢ INTEGRATED TREATMENT FOR CO-OCCURRING DISORDER (ITCD)
- INDIVIDUAL PLACEMENT AND SUPPORT (IPS)
- PSYCHO SOCIAL REHABILITATION (PSR) GROUPS
- MEDFIRST CLINIC (MAT)
- HEALTH CARE HOMES







PSYCHIATRY SERVICES

CLIENTS ENROLLED IN CPR SERVICES ARE REQUIRED TO BE ENROLLED IN PSYCHIATRY SERVICES.

ELIGIBILITY: MUST MEET DESIGNATED DIAGNOSTIC AND FUNCTIONAL CRITERIA ASSOCIATED WITH SERIOUS AND PERSISTENT MENTAL ILLNESS

DESCRIPTION OF PROGRAM: PSYCHIATRISTS FOCUS ON TREATING MENTAL DISORDERS WITH PSYCHOPHARMACOLOGY. TREATMENT INCLUDES SYMPTOM ASSESSMENT, MEDICATION EDUCATION, MONITORING OF SIDE EFFECTS, AND PARTICIPATING WITH THE PATIENT IN ESTABLISHING AN EFFECTIVE TREATMENT WITH ACCEPTABLE LEVEL OF SIDE EFFECTS.

NURSE PRACTITIONERS PROVIDE TREATMENT LISTED ABOVE UNDER THE SUPERVISION AND COLLABORATION OF A PSYCHIATRIST.

OUTPATIENT COUNSELING/THERAPY SERVICES

ELIGIBILITY: INDIVIDUALS WITH MENTAL HEALTH CONCERNS WHICH AFFECT CURRENT SENSE OF WELL-BEING CAN ENROLL IN SERVICE.

DESCRIPTION OF PROGRAM: OUTPATIENT SERVICES ARE DESIGNED TO HELP CHILDREN, YOUTH, FAMILIES AND ADULTS UNDERSTAND AND COPE WITH MANY BEHAVIORAL HEALTH ISSUES SUCH AS ANXIETY, DEPRESSION, STRESS, DRUG AND ALCOHOL PROBLEMS, ADHD, MARITAL AND PARENTING ISSUES. THESE SERVICES ARE GEARED TOWARD EACH INDIVIDUAL'S UNIQUE TREATMENT NEEDS AND INCLUDE INDIVIDUAL COUNSELING, GROUP THERAPY, FAMILY THERAPY AND COUPLES THERAPY.

CLIENTS ARE ENCOURAGED TO TAKE ADVANTAGE OF THIS SERVICES.

IF CLIENT IS INTERESTED, A REFERRAL CAN BE PLACED AT ANY TIME DURING THE COURSE OF CLIENT'S TREATMENT.

INTEGRATED TREATMENT FOR CO-OCCURRING DISORDER (ITCD)

ELIGIBILITY: CLIENTS WITH SEVERE MENTAL ILLNESS AND SUBSTANCE USE DIAGNOSES.

DESCRIPTION OF PROGRAM:

- CLIENTS ADMITTED INTO THE ITCD PROGRAM ARE TYPICALLY CLIENTS WITH SEVERE MENTAL HEALTH AND SUBSTANCE USE ISSUES THAT BENEFIT FROM WORKING ON BOTH DIAGNOSIS SIMULTANEOUSLY. ITCD IS A HARM REDUCTION MODEL AND DOES NOT REQUIRE THE CLIENT TO BE IN RECOVERY WHILE IN THE PROGRAM.
- CLIENT MUST PRESENT WITH CURRENT SUBSTANCE USE OF UP TO 6 MONTHS SINCE LAST USE AND HAVE SEVERE MENTAL HEALTH ISSUES THAT INTERFERE WITH THEIR DAILY LIFE. (HOWEVER, IN CASES WHERE SOMEONE HAS MORE THAN 6 MONTHS ABSTINENCE FROM ALL SUBSTANCES OR THEIR SUBSTANCE OF CHOICE BUT ARE ANXIOUS ABOUT RELAPSE IN THE FUTURE, A REFERRAL CAN BE PLACED FOR REVIEW.
- STAFF WORK WITH CLIENTS USING EVIDENCE BASED TECHNIQUES TO HELP THEM DEVELOP KNOWLEDGE, SKILLS AND SUPPORT TO MANAGE LIFE STRESSORS AND ACHIEVE THEIR PERSONAL RECOVERY GOALS.
- CLIENTS ARE ENCOURAGED TO PARTICIPATE IN THE DAILY GROUP ACTIVITIES.

INTEGRATED TREATMENT FOR CO-OCCURRING DISORDER (ITCD) CONTINUED

> TREATMENT IS IN A STAGES:

- 1. PRE-CONTEMPLATION-ENGAGEMENT
- 2. CONTEMPLATION AND PREPARATION- PERSUASION
- 3. ACTION-ACTIVE TREATMENT
- 4. MAINTENANCE- RELAPSE PREVENTION

INDIVIDUAL PLACEMENT AND SUPPORT (IPS)

ELIGIBILITY: MUST BE ACTIVE CPR CLIENTS WITH CSS AND MEET THE VOC-REHAB CRITERIA AS "MOST SIGNIFICANTLY DISABLED"

DESCRIPTION OF PROGRAM: EVIDENCE-BASED APPROACH TO PROVIDE SUPPORTED EMPLOYMENT SERVICES. IPS IS A TIME UNLIMITED; INDIVIDUALIZED SUPPORT THAT UTILIZES A TEAM APPROACH WORKING ALONGSIDE MENTAL HEALTH TREATMENT TO ASSIST PEOPLE WITH FINDING COMPETITIVE EMPLOYMENT AS A WAY TO ENHANCE RECOVERY. IPS FOCUSES ON INDIVIDUAL WORK PREFERENCES, SYSTEMATIC JOB DEVELOPMENT AND RAPID JOB SEARCH. BENEFITS COUNSELING IS ALSO OFFERED THROUGH IPS.

CLIENT EXPRESSES AN INTEREST IN EMPLOYMENT, CLIENT'S COMMUNITY SUPPORT SPECIALIST WILL ASSIST CLIENT WITH CONNECTING WITH A BURRELL EMPLOYMENT SPECIALIST AND A VOCATIONAL REHAB COUNSELOR TO BEGIN THE JOB SEARCH.

PSYCHO SOCIAL REHABILITATION (PSR)

ELIGIBILITY: MUST BE ACTIVE CPR CLIENTS.

BRIEF DESCRIPTION OF THE PROGRAM: WEEKLY GROUP SOCIALIZATION ACTIVITIES AND TRAININGS AT EDENTON RIDGE.





ELIGIBILITY CRITERIA: SUBSTANCE USE DISORDER

- CONSUMER'S LAST USE OF ANY OPIOID PRIOR TO THE MEDICATION FIRST APPOINTMENT MUST BE WITHIN THE LAST 48 HOURS. CANNOT BE LESS THAN 12 HOURS, PREFERABLY 24 HOURS.
- ➢ METHADONE LAST USE MUST BE 36 HOURS PRIOR TO THE MEDICATION FIRST APPOINTMENT

BRIEF DESCRIPTION OF THE PROGRAM: DELIVER MEDICATION TREATMENT FOR OPIOID USE DISORDER USING SUBOXONE AS PRESCRIBED BY A QUALIFIED PROVIDER



HEALTHCARE HOMES

ELIGIBILITY: MEDICAID RECIPIENTS MUST MEET ONE OF THE FOLLOWING CRITERIA:

- 1. SERIOUS AND PERSISTENT MENTAL HEALTH CONDITION (ADULTS WITH SERIOUSLY MENTALLY ILL, CHILDREN WITH SERIOUS EMOTIONAL DISTURBANCE
- 2. MENTAL HEALTH CONDITION AND SUBSTANCE USE DISORDER; OR
- 3. MENTAL HEALTH CONDITION AND/OR SUBSTANCE USE DISORDER, AND ONE ADDITIONAL CHRONIC CONDITION (DIABETES, CHRONIC OBSTRUCTIVE PULMONARY DISEASE, CARDIOVASCULAR DISEASE, OVER WEIGHT (BMI>25), TOBACCO USE, OR DEVELOPMENTAL DISABILITY).

DESCRIPTION OF PROGRAM: COORDINATION OF COMPREHENSIVE PRIMARY PHYSICAL CARE OF PATIENTS WITH BEHAVIORAL HEALTH AND/OR CHRONIC PHYSICAL HEALTH CONDITIONS BY PARTNERSHIP OR TEAM APPROACH BETWEEN HEALTHCARE HOME STAFF, CPR STAFF, CLIENTS, FAMILIES, AND PRIMARY CARE PROVIDERS. IN ADDITION, CARE COORDINATION AND DISEASE MANAGEMENT THROUGH ONGOING COMMUNICATION WITH HEALTHCARE PROVIDERS, BOTH INTERNALLY AND EXTERNALLY.





GRADUATION FROM MHC DOES NOT TERMINATE SERVICES FROM BURRELL!

- ► REMAIN IN COMMUNITY PSYCHIATRIC REHABILITATION CENTER (CPRC)
- ➢ TRANSITION TO OUTPATIENT SERVICES





THANK YOU!!!

