

CBHL

Community Behavioral Health Liaisons



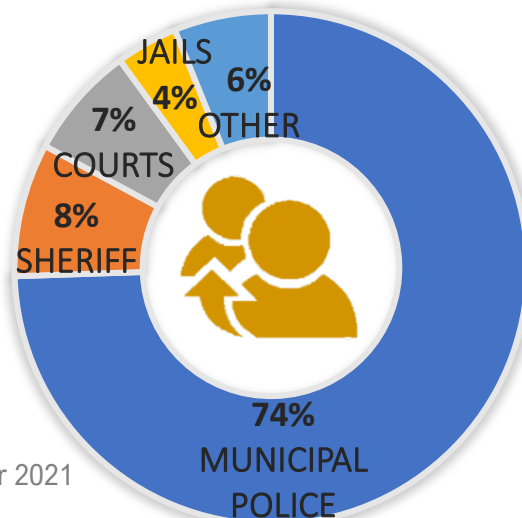
About | The CBHL program launched in 2013 as part of the Strengthening Missouri's Mental Health Initiative. **81** CBHLs are now distributed among community behavioral health organizations across the state to assist law enforcement and courts to link individuals with behavioral health needs to appropriate treatment. The goal of this position is to form better community partnerships between community behavioral health organizations, law enforcement, and courts to save valuable resources that might otherwise be expended on unnecessary jail, prison, and hospital stays, and to improve outcomes for individuals with behavioral health issues. CBHLs also follow-up with Missourians referred to them in order to track progress and ensure a successful transition of care.

CBHL IMPACT by the numbers



15,884

Referrals to CBHLs from law enforcement and courts fiscal year 2021



56%

Had a mood or psychotic disorder

22%

No known mental health diagnosis

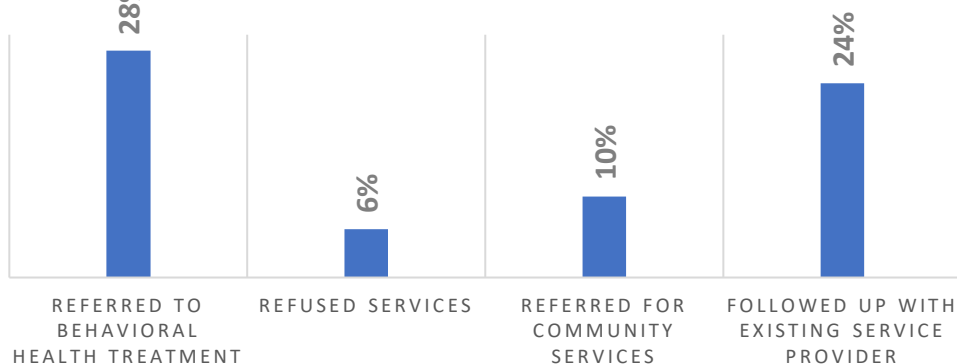
43%

Had a substance use diagnosis or history

72%

Not known to be receiving treatment

MAKING THE CONNECTION



ROLE OF THE CBHL

- Assist law enforcement and courts in locating inpatient psychiatric beds for involuntary commitments.
- Collaborate with Mental Health, Treatment, and Veterans courts, as well as other specialty courts as needed.
- Provide information and resources regarding mental health issues, diagnoses, and treatments.
- Connect people with needed treatment and supports.
- Identify and address structural barriers, miscommunications and consistent patterns that reduce access to behavioral health services.
- Provide or coordinate trainings on mental health issues, substance use disorders, civil commitment, Mental Health First Aid, and suicide prevention.
- Participate in meetings for other court initiatives (e.g., JDAL, FCI).
- Participate or assist in development of Crisis Intervention Teams (CIT) or other initiatives that assist law enforcement in helping individuals with behavioral health needs.
- Provide support and referral to care for Law Enforcement to assist in coping with stress and/or trauma and to promote officer wellness and family wellbeing.



MISSOURI BEHAVIORAL HEALTH COUNCIL



CBHL IMPACT

by the stories



A liaison focused on substance use disorders received a referral from police regarding a young woman who was suspected to have overdosed on heroin two nights prior. The liaison was told the woman was hospitalized and due to be released shortly. After arriving at the ER, the liaison discovered the woman was unsure about treatment due to distrusting men as a result of past trauma. She also reported that since her relapse and overdose, her mother told her she is no longer welcome in their home. The liaison worked with the ER staff to allow the woman to stay 12 more hours, ensuring her wellbeing and giving the liaison time to find a suitable treatment program. The liaison was able to speak with the mother who agreed to take her daughter to the chosen program later that day.



At one, three and six weeks, the woman's recovery and transformation grew increasingly impressive. She was accepted to college, found an apartment, and is now employed. She aspires to become a mentor and later a counselor to help others with substance use disorders.

POST TRAININGS OFFERED TO LAW ENFORCEMENT:

- De-Escalation: Responding to Individuals in a Mental Health Crisis
- Recognizing Trauma, Stress Responses, and PTSD
- Recognizing Warning Signs of Suicide and Self-Harm C-SSRS
- Resiliency and Battlemind: How Officers Cope
- Understanding Autism Spectrum Disorder
- Understanding Dementia & Alzheimer's
- Understanding Civil Involuntary Detention (96-Hour Holds) & Hospital Procedures
- Understanding Co-Occurring Conditions: Mental Health & Substance Use Disorders
- Understanding Depression, Bipolar Disorder, and Stigma
- Understanding Guardianship
- Understanding Mental Health
- Understanding Mental Health in Youth
- Understanding Psychosis



CBHLs gather for a meeting in Jefferson City (April 2019)



MISSOURI BEHAVIORAL HEALTH COUNCIL