



# IN CRISIS? COME TO US.

## The BHCC provides:

- ❖ 24/7 access, walk-ins accepted
- ❖ Crisis stabilization
- ❖ Peer support services
- ❖ Brief supportive counseling
- ❖ Referral and linkage to community resources
- ❖ Medication-assisted treatment
- ❖ Psychiatric care and assessment
- ❖ **ALL 100% FREE**

The Behavioral Health Crisis Center provides emergency access to behavioral health care for the adult population, 18 years of age and up, experiencing a behavioral health crisis. Referrals can be made by community agencies, law enforcement, medical providers, self-referrals, etc. Walk-ins are accepted!

**Your mental  
health matters.**  
Call us today.



Semo-BHCC.com



(573) 803-4155



1112 Linden St.  
Cape Girardeau, MO 63703

24/7 SUPPORT | 100% FREE | GET BACK TO BASELINE

The Behavioral Health Crisis Center is a partnership between the Gibson Center for Behavioral Change and the Community Counseling Center. The BHCC will provide a no-wrong-door approach 24/7 for those experiencing a mental health crisis. Our goal is to stabilize the behavioral health crisis while keeping individuals within their local community which will also include linkage to community resources for an aftercare plan.

At the Behavioral Health Crisis Center, our Crisis Assist Team provides 24/7 response to individuals who are having a behavioral health crisis or are having thoughts of suicide. The team helps find resources and provides support and service on an individual basis to manage the crisis.



**Behavioral Health  
CRISIS CENTER**

**It's okay to ask for help.**

If you or a loved one is in need of crisis support urgently, **call or text 988.**

If you are experiencing an emergency, please call your local emergency services at 911.