



SEPTEMBER 2021 NEWSLETTER

Welcome to the monthly newsletter for the **Culture, Equity, Diversity, and Inclusion Committee**.
Better known as CEDI!

CEDI is MBHC's way to offer equitable support, guidance, and resources to each participating organization which in turn offers equity and access to those communities each organization is honored to serve. Our goal is to have every MBHC agency and region of Missouri represented. The CEDI Committee meets the second Wednesday of each month at 12:30 pm. If you would like to join the CEDI Committee, please email KC Rafferty: krafferty@mobhc.org



CEDI Chair | Tiffany Lacy Clark,
Chief Operating Officer,
Behavioral Health Response

CEDI Vice-Chair | Dr. Shelly
Farnan-Moore, VP of Be Well
Initiatives, Burrell Behavioral
Health

To the leaders of our valued MBHC member organizations,



With support from the Missouri Behavioral Health Council (MBHC) and leveraging the consulting expertise of [Integrated Work](#) (a social impact consulting firm), the CEDI Committee is launching an initiative to engage MBHC membership in CEDI conversations. We are requesting each member agency's staff to participate in a brief online survey as well as several volunteers for focus groups or individual conversations to obtain baseline data of where we are, as behavioral health centers across the state, in regard to diversity, equity, and inclusion.

The survey will remain open until Friday, September 24, 2021. Your staff are also requested to join a one-on-one conversation or focus group to share their experiences with Integrated Work project team members (available dates and times included in the link). This feedback is incredibly valuable and will be kept completely anonymous.

Integrated Work will gather quantitative and qualitative data to measure organizational culture, diversity, equity, and inclusion which will help the CEDI Committee create benchmarks on how to best measure inclusion and diversity moving forward, gain a deeper understanding of employee experience, develop professional development opportunities which align with staff interest and help towards updating language used at the Department of Mental Health. Each organization will also receive access to their own data collected. For additional guidance, support, or sample language to use in your organizational communication, please contact KC Rafferty krafferty@mobhc.org.

We thank you in advance for your part in this larger endeavor to develop a deeper awareness of our Council members by honoring us with your perspective and voice.

Sincerely,

Tiffany Lacy Clark and Dr. Shelly Farnan-Moore, CEDI Co-Chairs
The CEDI Committee

The Integrated Work project team (Nadia Ali, Mikayla Branz, and Darrie Matthew Burrage)

Link to the CEDI Survey | [SurveyMonkey Powered Online Survey](#)

Link to sign up for a focus group or one-on-one conversation with Integrated Work staff | [Share Your Experience \(airtable.com\)](#)

NOTE | All participation is completely anonymous and no identifying information will be shared with MBHC staff, CEDI Committee members, or MBHC member agencies.



WE APPRECIATE EVERYTHING YOU ARE DOING, AND WILL DO, IN THIS EFFORT!

September is National Recovery Month
National Recovery Month (Recovery Month) is a national observance held every September to promote and support new evidence-based treatment and recovery practices, the emergence of a strong and proud recovery community, and the dedication of service providers and community members across the nation who make recovery in all its forms possible.

- [Home - National Recovery Month \(facesandvoicesofrecovery.org\)](https://facesandvoicesofrecovery.org)
- [Recovery Month 2021 Toolkit \(samhsa.gov\)](https://samhsa.gov)



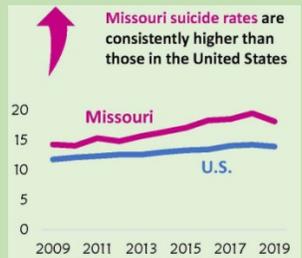
Featured at the 2021 MO Behavioral Health Conference!

- **Keynote Speakers** | Mohini Venkatesh, Tom Satterly, and Brooke Shields
- **Cultural Diversity, Equity and Inclusion: How do we move forward?** | 9/23 at 10:30 am
- **LGBTQIA+ Inclusion: Trauma Informed Care IS Culturally Aware, Sensitive, & Responsive Care** | 9/23 at 2:30 pm
- **Both sessions led by Tiffany Lacy Clark, Dr. Shelly Farnan-Moore, and Dianne Asher!**

Click on icon above for more information and to register for the 2021 MBHC Conference

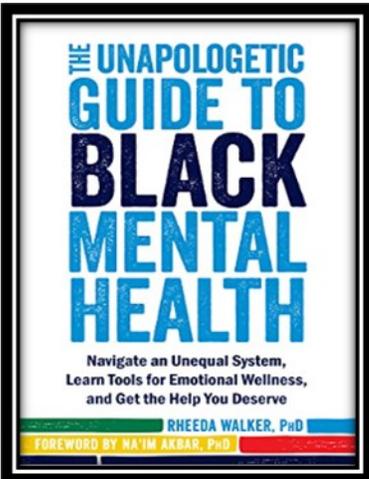
September is National Suicide Prevention Awareness Month which includes National Suicide Prevention Awareness Week, September 5-11, and World Suicide Prevention Day on September 10. This month is a time to share resources and stories in an effort to shed light on this highly stigmatized topic. We use this month to reach out to those affected by suicide, raise awareness and connect individuals with suicidal ideation to treatment services.

- [MO Suicide Prevention Network | MOSPN.org](#)
- [The Trevor Project — Saving Young LGBTQ Lives](#)
- [Research Brief: LGBTQ Youth Suicide Prevention in Schools – The Trevor Project](#)
- [Suicide in Missouri: Where We Stand \(Infographic\)](#)
- [Suicide - Identifying and Responding to Risk For Your Organization | Relias](#)





MISSOURI BEHAVIORAL HEALTH COUNCIL



The Department of Mental Health's Mental Health Equity & Inclusion Alliance (MHEIA) will host a new books study this fall to discuss The Unapologetic Guide to Black Mental Health by Rheeda Walker, PhD. For more information and to register (meetings are free and will be held through WebEx beginning October 13th), click on the icon to the LEFT or email Shelby.hood@dmh.mo.gov.

CEDI Policy Subcommittee Corner

The CEDI Policy Subcommittee is EAGER to review the CEDI Survey Data to ensure most meaningful action in policy revision and development! Help us support you in developing inclusive policies by completing the survey today and encouraging your colleagues to do the same!

Thank you all for reviewing each of your organization's policies through the lens of Inclusion! Have a question? Let us know!



In the Spotlight

Join **ReDiscover** for their 2021 virtual Fearon Institute entitled, "Let's Talk: Shaping Our Future Through Inclusion and Innovation." This day of learning focused on mental health; resilience; and diversity, equity, inclusion and belonging will take place on October 14 from 9-3:30pm. The event will feature a state legislative update, two panel discussions entitled, "Under Construction: How to launch DEI in behavioral health workspaces" (featuring CEDI members) and "Innovations in mental health," as well as a keynote presentation from Mindy Corporon, thought leader, podcast host and author of "Healing a Shattered Soul- My Faithful Journey of Courageous

Kindness after the Trauma and Grief of Domestic Terrorism." Registration is \$40 per attendee and includes 5 CEUs, as well as a copy of Mindy's book. To learn more and register, visit: <https://web.cvent.com/.../047a0e9a-57a0-480e-8f84.../summary!>

ReDiscover's Fearon Institute Presents

LET'S TALK: SHAPING OUR FUTURE THROUGH INCLUSION AND INNOVATION

10.14.2021 | 9am - 3:30pm
A Virtual Event



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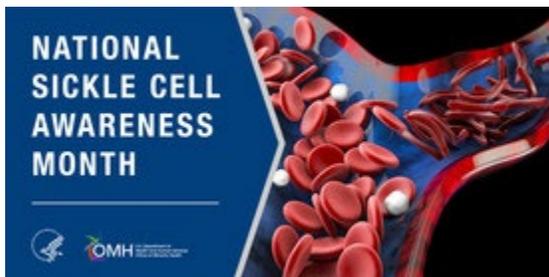


September is **National Sickle Cell Awareness Month** | The HHS Office of Minority Health (OMH) is proud to join federal and non-federal partners in raising awareness about this debilitating disease affecting approximately 100,000 people in the U.S. Led by the NIH National Heart, Lung and Blood Institute (NHLBI), this year's theme, **Advancing Sickle Cell Disease Research**, aims to bring greater visibility to blood safety, as well as to the diagnosis, treatment, and management, of blood diseases. According to the [Centers for Disease Control and Prevention \(CDC\)](#):

- Sickle cell disease occurs among 1 out of every 365 Black or African American births.
- Sickle cell disease occurs among 1 out of every 16,300 Hispanic American births.
- About 1 in 13 Black or African American babies is born with sickle cell trait.

To help drive efforts, OMH encourages public and private organizations from across the country to join the NHLBI [Blood Health Network](#), to work together to increase awareness and disseminate information about blood diseases, disorders, and safety.

This month, check out [NHLBI's Today's Faced of Sickle Cell Disease](#) featuring real stories of people living with sickle cell disease and visit the [OMH Sickle Cell Disease Initiative website](#) for to access materials, videos, and information regarding the latest advances, and health resources.





See what is happening at Burrell this month!



In honor of **Sickle Cell Awareness Month** in September, Burrell has two resources to share with everyone:

- To learn more about Sickle Cell Disease and ways to take action, view [Be Well with Sickle Cell Featuring Janelle Billy](#)
- BeWell welcomes and encourages participation across the state this month with [#BeWellSickleCell](#)

Burrell is also offering a training opportunity with Dr. Keisha Ross - **The Impacts of Historical Trauma on Health Seeking Behaviors in Communities of Color** on Friday September 17th, 9:00 a.m. to 1:00 p.m. For more information and to register: [Benchmarks at Burrell: The Impacts of Historical Trauma on Health Seeking Behaviors in Communities of Color | Burrell \(burrellcenter.com\)](#)

Hispanic Heritage Month is September 15 – October 15

September 15 marks the beginning of Hispanic Heritage Month. This year, OMH will work with federal and non-federal partners to disseminate information about disease prevention, health promotion and share the latest recommendations for Hispanics related to COVID-19.

The observance theme **Esperanza: A celebration of Hispanic Heritage and Hope**, encourages everyone to reflect on all of the contributions Hispanics/Latinos have made in the past and will continue to make in the future. It is also a reminder that we are stronger together.

Visit the [OMH Hispanic Heritage Month](#) website for more information, downloadable materials, and resources throughout the observance month.

Please email krafferty@mobhc.org to share your agency’s events, pictures, and other ways you are honoring diversity, equity, and inclusion!

RELIAS Resources

- [Trauma-Informed Care 101: Basics of Trauma and the TIC Framework \(webinar\)](#)
- [How Diversity, Equity, and Inclusion Can Influence Healthcare](#)
- [Race and Social Determinants of Health](#)
- [What Is Racial Trauma? An Interview with Dr. Jamila Holcomb](#)
- [Increasing Resilience by Understanding Trauma in the LGBTQ Community](#)
- [Prioritizing Diversity, Equity, and Inclusion in Healthcare](#)
- [What is Racial Trauma?](#)



Talk to yourself like you would to someone you love. ~ Brené Brown



ACTION FOR HAPPINESS

Click icon to the left for access to the Self-Care September calendar from Action for Happiness!

