

CRISIS RESPONSE

**lunch & learn
series**



MISSOURI
JUSTICE
REINVESTMENT
INITIATIVE

Executive Oversight Council

Annual Report to the Governor

December 2020

Every Wednesday at 12:00 pm

Join Zoom Meeting |

<https://us02web.zoom.us/j/83808481830?pwd=aHl1c3h1MGJYWEp6WktHRjVBanFCUT09>

Meeting ID: 838 0848 1830

Passcode: 848093

Phone: +1 312 626 6799



MISSOURI BEHAVIORAL HEALTH COUNCIL

JULY 21:
Mobile Crisis Response

AUGUST 4:
911 Diversion

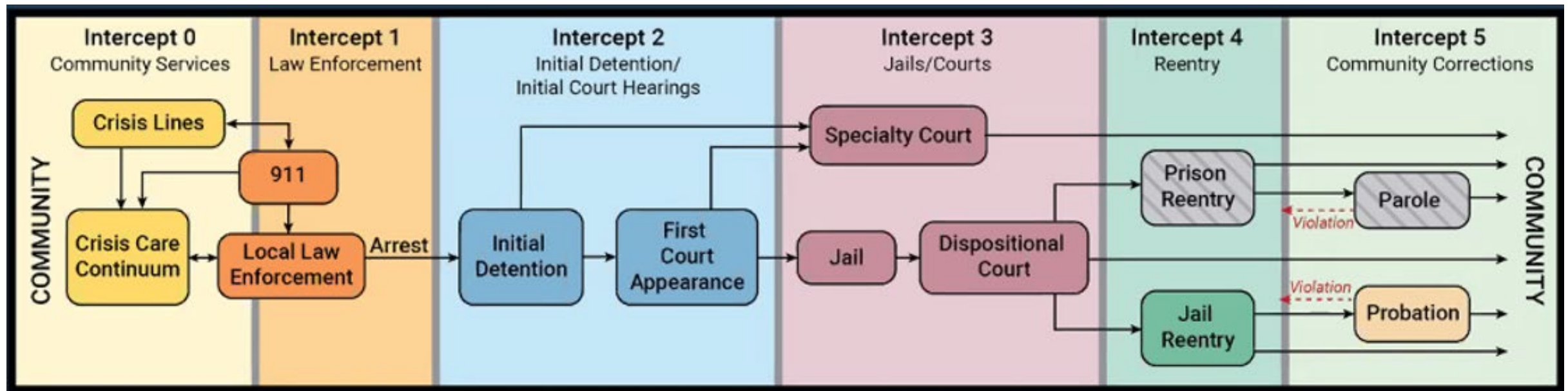
AUGUST 18:
Access Crisis
Intervention
(ACI)/Emergency Room
Enhancement (ERE)

AUGUST 25:
988 Helpline

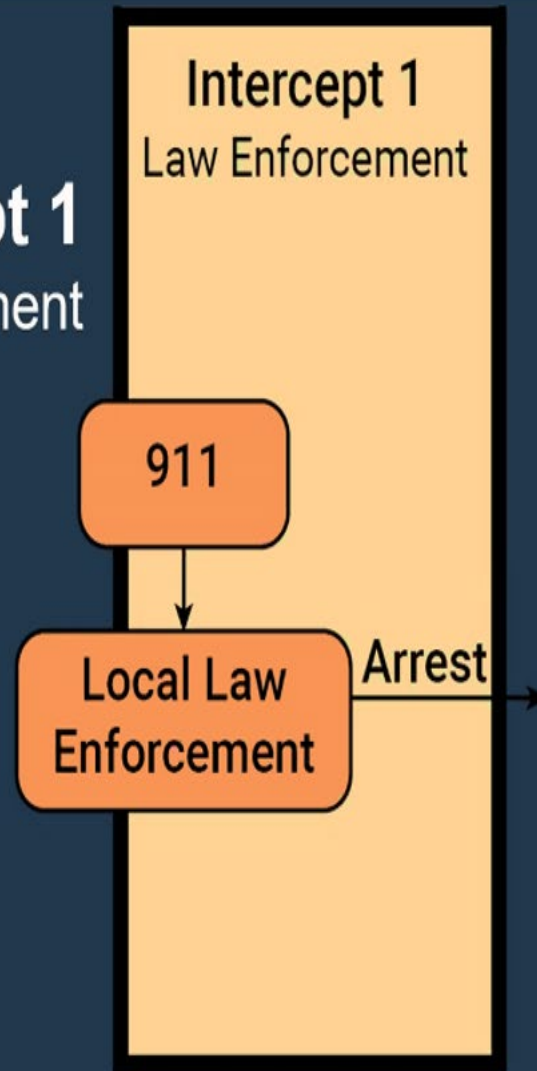
SEPTEMBER 1:
Crisis Intervention
Teams (CIT) and
Community Behavioral
Health Liaisons (CBHLs)

SEPTEMBER 8:
Law Enforcement
Assisted Diversion
(LEAD)

SEPTEMBER 15:
Stepping Up



Intercept 1 Law Enforcement



Missouri Crisis Intervention Team (MO CIT) Council



“Show Me” The Ropes **CIT and Community Behavioral Health Liaisons (CBHLs)** **Pulling Together to Expand CIT in Missouri**



The Memphis Model: The Beginning

www.missouricit.org

- **The first CIT Model was developed in Memphis, TN in 1988**
- **In response to a lethal use of force by police involving a person with a mental illness**
- **A local effort to bring together law enforcement personnel, mental health professionals and advocates**
- **Goals of the CIT program are to recruit, train and support police officers to respond effectively to individuals experiencing a mental health crisis**



Missouri Model of Crisis Intervention

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The Missouri CIT program is a partnership of law enforcement and other first responders, behavioral health providers, hospitals, courts, individuals with lived experience and community partners who are dedicated to implementing the Missouri Model of CIT.



GOALS of MO CIT

www.missouricit.org

- Promote more effective interactions between law enforcement and individuals in crisis, through a 40 Hour training centered on behavioral health education and de-escalation skills;
- Improve the safety of the officer and individuals in crisis;



GOALS of MO CIT

www.missouricit.org

- Help individuals in crisis by connecting them with appropriate community resources, in an effort to divert involvement with the Criminal Justice System;
- Reduce stigma; and
- Expand CIT across the state, especially to the rural areas.



Taking Missouri to the Next Level

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- DMH funded a State CIT Coordinator Position
- Beginning January of 2016, DMH contracted with the Missouri Behavioral Health Council to provide support for CIT.
- Better accountability for funding and support.
- Development and implementation of the Missouri Model.



- Expansion



Missouri Department of
MENTAL HEALTH



Missouri CIT Council

www.missouricit.org



- A standardized 40-hour curriculum that is being utilized state wide
- Access to online resources (Toolkit)
- Defining a local council and its expectations
- Consistent branding
- Provide a standardized CIT pin
- Fostering CIT as key component of crisis response



Created Standardized Curriculum Advanced CIT Courses

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MO CIT CURRICULUM

Electives Courses (6-8 Hours)	Minimum Hours	Maximum Hours	Example 1	Example 2
1. CIT from the Officer/Deputy/Trooper Point of View	1	2		
2. CIT Reports/Supervision	1	2		1
3. Tactical Planning/Liability Consideration	1	2		
4. Terrorism	1	2		
5. Law Enforcement Suicide	1	2	1	
6. Suicide by Cop	1	2	1	
7. Suicidal vs. Non-Suicidal Self Harm	1	2		
8. Counseling on Access to Lethal Means (CALM)	1	2		
9. Inpatient Hospital Assessment Process	1	2		1
10. Trauma Informed Care	1	2		
11. Post-Traumatic Stress Disorder (PTSD)	1	2	2	
12. Bipolar Disorder	1	2		
13. Personality Disorders	1	2		
14. Excited Delirium	1	2		
15. Autism Spectrum Disorder	1	2	1	
16. Alzheimer's Disease	1	2		
17. Hoarding Disorder	1	2	1	
18. Eating Disorders	1	2		
19. Specialty Courts	1	2		2
20. Guardianship and Power of Attorney	1	2		
21. Homelessness	1	2	2	2
22. Reducing Stigma	1	2		
23. Networking Lunch (local sponsorship required)	1	1		
Select at least 4 classes from the list to equal up to 8 hours.				
The minimum number of elective class hours is 6.	6			6
The maximum number of elective class hours is 8.		8	8	
TOTAL HOURS	40	40	40	40

- Advanced-8 hour
- CIT Concepts-8 hour
- Dispatch/Tele-communications
- Veterans
- Youth
- Jail

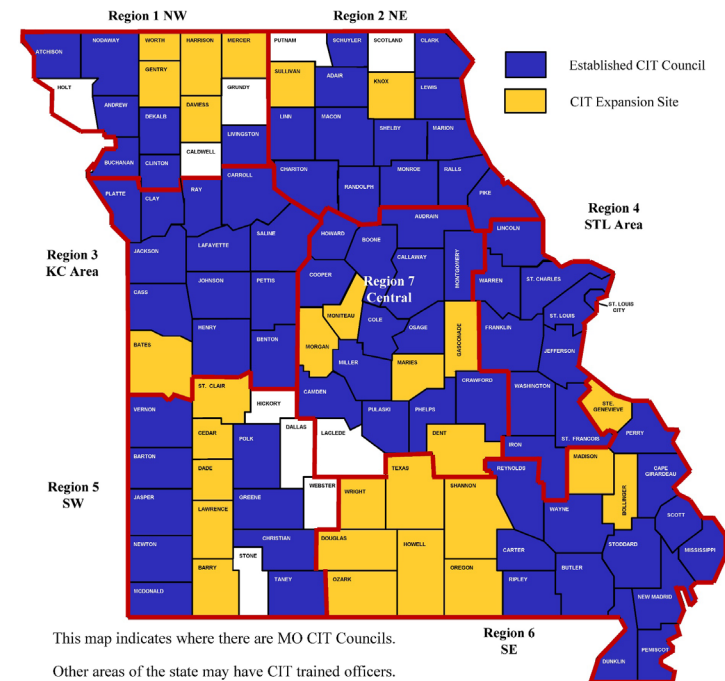


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**Missouri Crisis Intervention Team (CIT)
Program Expansion Map
April 2014**



**Missouri Crisis Intervention Team (MO CIT)
Program Expansion Map
September 2021**



This map indicates where there are MO CIT Councils.

Other areas of the state may have CIT trained officers.

Questions may be directed to Det. Jason Klaus, MO CIT Coordinator, at jklaus@mobhc.org

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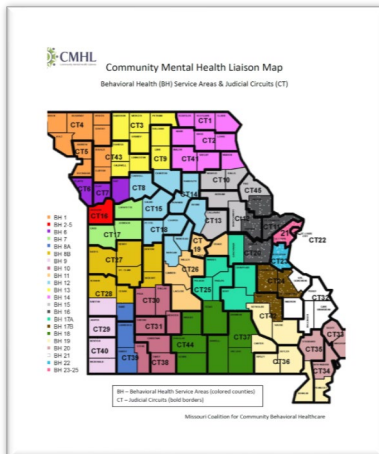


Community Behavioral Health Liaisons (CBHLs)

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Original 31 CBHL's

- Every Missouri county has access to a CBHL
- Only work with Law Enforcement, Jails & Courts
- Assist in CIT Expansion

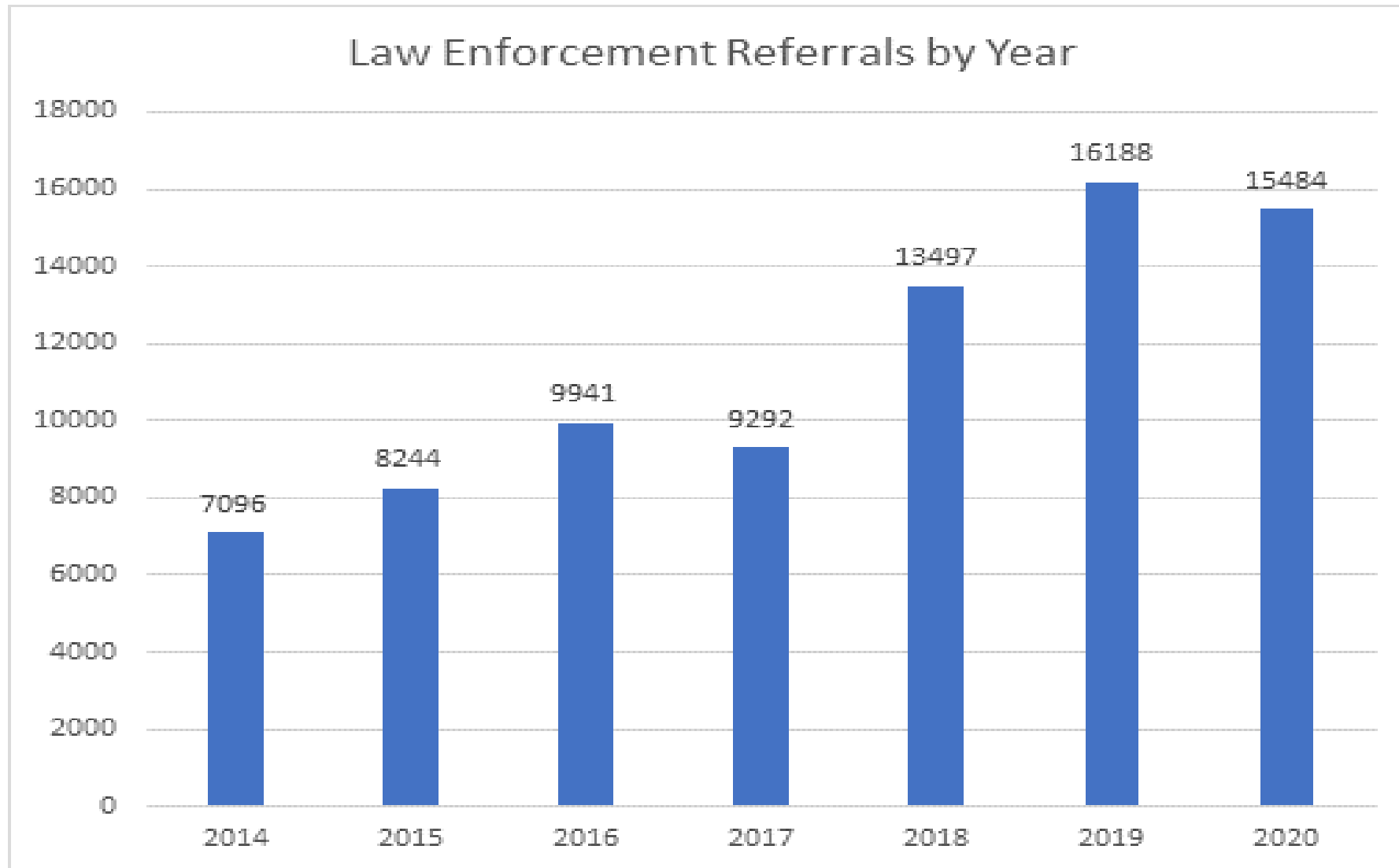


February 2020



CIT Referrals to CBHLs

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34 Local Councils

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Boonslick
Bootheel Area
Callaway
Capital Area
East Central
Four Rivers
Franklin County
***Grand River**
Great Rivers
Green Hills Regional
Jefferson County
Johnson County - JOCOMO
Mid-America - MACIT
Mid-Missouri - MIDMO
***Mid-South**
Missouri River
***M&M**
Mineral Area



*** = expansion site**

Missouri River
North Central
Northeast - NEMO
Northwest
Ozarks Area
Polk/Bolivar
Saints Avenue
***Show Me**
South Central
Southeast
Southwest
***St. Clair**
St. Louis Area
Three Rivers
TRI-CIT
Truman Area
West Central

Benefits of a Local CIT Council Meeting

www.missouricit.org

- Team Collaboration
- Case Studies
- Determine Best Practices/Response
- Local Resource Identification
- Local Agency/Resource Spotlight
- Training/Event Calendar



Role of the CBHLs

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- Answer **general questions** about behavioral health issues, diagnoses and treatments.
- **Connect people** with needed treatments and supports.
- Assist law enforcement, jails and courts in **locating inpatient psychiatric beds** for involuntary commitments.
- **Facilitate access** to behavioral health services.
- Identify and address **structural barriers, miscommunications** and **consistent patterns** that reduce access to behavioral health services.



Role of the CBHLs

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- Provide **trainings** on mental health and substance use disorders, civil commitment, Mental Health First Aid, and suicide prevention.
- **Collaborate** with Mental Health, Treatment and Veterans courts, as well as other **Specialty Courts**.
- Participate or assist in development of **Crisis Intervention Teams (CIT)** or other initiatives that assist law enforcement in helping individuals with behavioral health needs.



Goals of the Initiative

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- To form better **community partnerships** with crisis systems, law enforcement agencies, and the courts in order to **save** valuable state and local **resources** that might otherwise be expended on unnecessary jail, prison, and hospital stays.
- **Improve outcomes** for individuals with behavioral health disorders who come into contact with the legal system.



CBHL Activities

- **Consultation** on specific cases, with an emphasis on those who frequently come into contact with law enforcement as the result of behavioral health issues.
- **Follow-up** on cases at the request of law enforcement.
- **Coordination with existing systems of care** for those who come into contact with law enforcement and courts for 30 days.
- CBHLs participate in **ride-alongs, residency checks** with law enforcement, and hold “**office hours**” in local police/sheriff departments.



Future of the CBHL Program

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- An additional **50** CBHLs were recently funded and currently being added
- Expansion integrates with our **Substance Use Providers**
- Assistance to Missouri State Highway Patrol in their **Critical Incident Stress Management** and **DEFENSE** programs (Defending Employees from the Effects of Negative Stressful Experiences)
- Assist with **Sequential Intercept Model (SIM)** mappings throughout their jurisdictions



POST/CLEE Certified Trainings

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1. De-Escalation
2. Depression, Bipolar Disorder and Stigma
3. Recognizing Trauma, Stress Responses, and PTSD
4. Recognizing Warning Signs of Suicide and Self Harm
5. Resiliency and Battlemind
6. Understanding Autism Spectrum Disorder
7. Understanding Civil Involuntary Detention
8. Understanding Co-Occurring Conditions
9. Understanding Dementia and Alzheimer's
10. Understanding Guardianship
11. Understanding Mental Health
12. Understanding Mental Health in Youth
13. Understanding Psychosis



Bridging The Gap

Crisis Intervention Enhancement-LEO and BH

Richard J. Stephens Jr. MA

Criminal Justice Liaison

Community Behavioral Health Liaison 1



Crisis Intervention Vs. “Hug A Thug”



The Anatomy Of A Man Hug






**Is my choice
the right
solution?**

Sometimes the lawful and acceptable choice isn't the right choice.



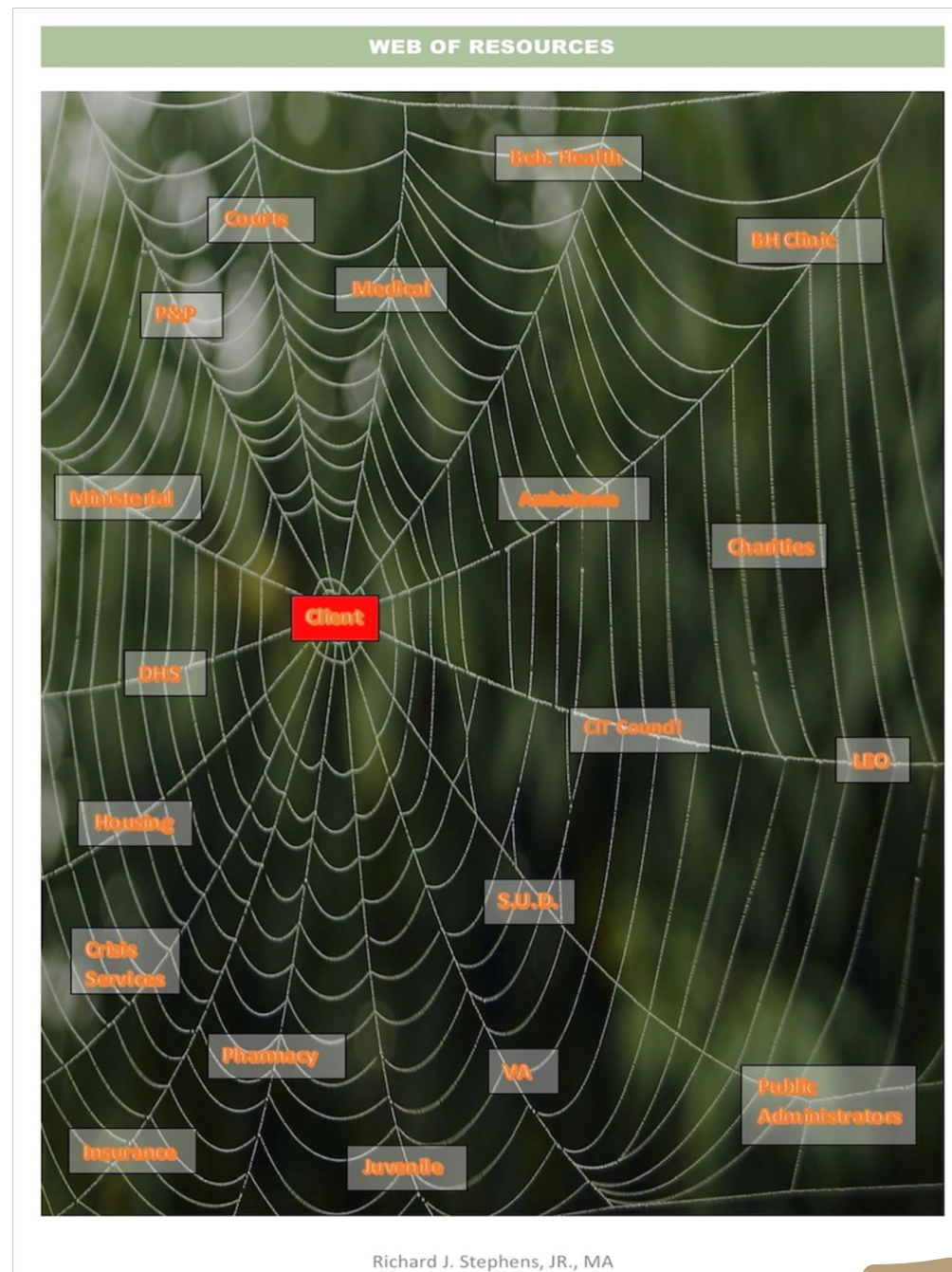
Developing A New Way

- In 2021 FCC Behavioral Health Developed and Implemented the Criminal Justice Liaison Position
 - A Result of Several Years of Foundational Work through CIT
 - Collaboration
 - Enhance Relationships
 - A Glimpse Into an Officers Mind
- 

Interaction with Law Enforcement and the Community

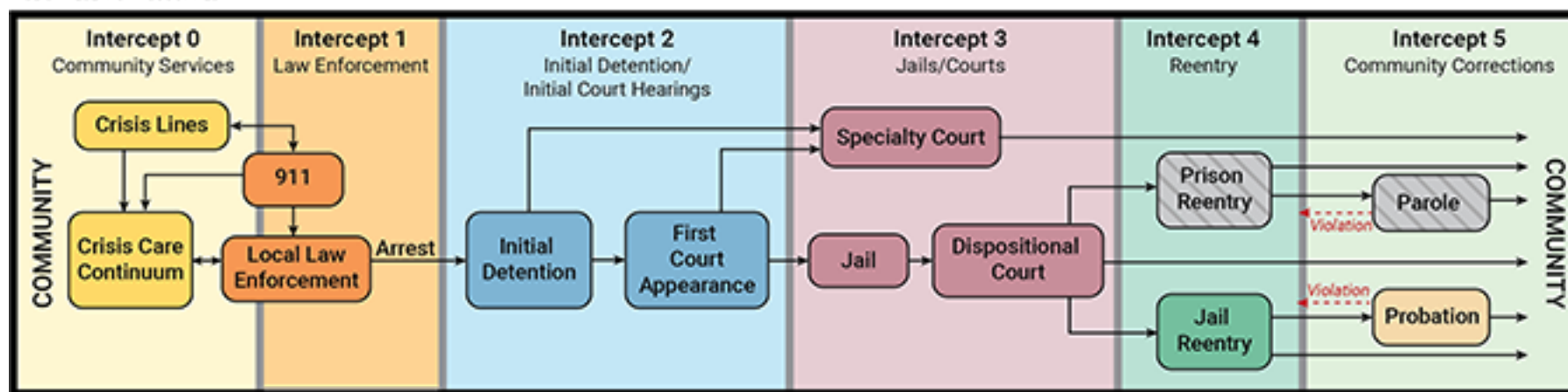


Resource Management



Richard J. Stephens, JR., MA

Sequential Intercept Mapping



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A photograph of a police officer in a light blue uniform shirt, dark tie, and cap, sitting in a meditative lotus position on a metal bench. The officer's eyes are closed, and his hands are resting on his knees with palms facing up. The bench is set against a wall with horizontal slats. To the left of the bench is a rough, textured wall. The ground is dark and appears to be asphalt. The text "Center on Officer Wellness" is overlaid in white at the bottom of the image.

Center on Officer Wellness

Bringing Training To Our Communities



Missouri Department of

Public Safety



CBHL

Community Behavioral Health Liaisons

**“Success is not for the
chosen few, but for the few
who choose it”**

~Paul Tobey





VISIT MISSOURI CIT COUNCIL

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Missouri Crisis Intervention
Team (MO CIT) Council

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MISSOURI CRISIS INTERVENTION TEAM (MO CIT) COUNCIL



SAVE THE DATE - CONFERENCES

www.missouricit.org

2022 MISSOURI CRISIS INTERVENTION TEAM (MO CIT) CONFERENCE

SAVE THE DATE

MARCH 6-8, 2022
Holiday Inn & Expo Center
COLUMBIA, MISSOURI



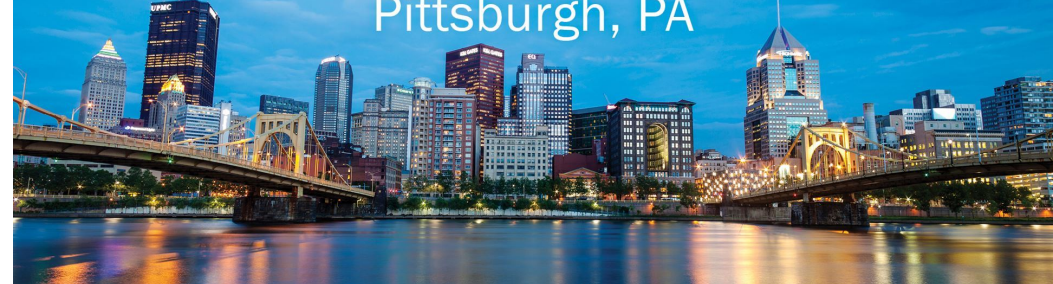
Missouri Crisis Intervention Team (MO CIT) Council

 www.missouricit.org |  [Facebook.com/MOCITCouncil](https://www.facebook.com/MOCITCouncil) |  [@MOCIT4](https://twitter.com/MOCIT4)



**Coming Together
Building Bridges**

Pittsburgh, PA



2022 CIT INTERNATIONAL CONFERENCE

August 27 – September 1, 2022

First Responder Provider Network

www.missouricit.org

- Directory of approved culturally competent clinicians and therapist who want to serve first responders
- Specialize in First Responder care/trauma
- Will work with insurance, cash, sliding scale, pro bono
- Currently over 32 vetted providers

www.missouricit.org/first-responders

Questions

www.missouricit.org

Detective Jason Klaus

Perry County Sheriff's Office

Missouri CIT Coordinator

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