

Improving Community Treatment Success (ICTS)

PRESENTED BY: SEMO BEHAVIORAL HEALTH &
MISSOURI DEPARTMENT OF CORRECTIONS.



Missouri Department of
Corrections



What is ICTS:

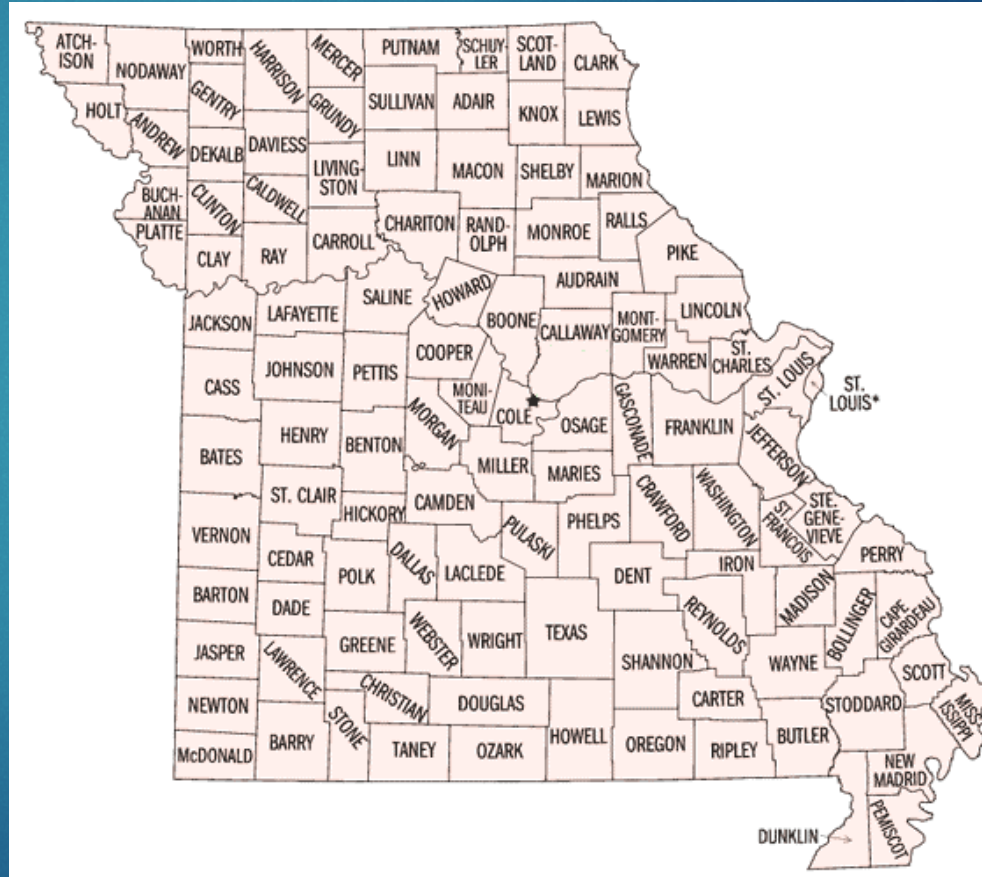
DMH/P&P partnered in 2018 in creating a program that is designed to be flexible in breaking down individual barriers for high risk clients that have struggled with other programs, supervision, or support systems in the past.

- ▶ A comprehensive tracking, care and rehabilitation program for offenders who struggle with drugs, alcohol and mild mental illness.
- ▶ Provide effective and individualized services that include substance use and co-occurring mental health treatment services.
- ▶ Tailored services to address criminogenic needs and risk factors in order to lower crime, decrease system costs, and contribute to a safer, healthier Missouri.



Counties that have the ICTS Program:

Buchanan
Butler
Boone
Camden
Cole
Greene
Miller
Pettis
Phelps
Polk
Pulaski
St. Francois



ICTS Has The Following Components:

- ▶ Communication
- ▶ Referral process
- ▶ Assessment
- ▶ Residential
- ▶ Drug Testing
- ▶ Transportation
- ▶ Housing
- ▶ Employment
- ▶ Peer support
- ▶ Medication-Assisted Treatment (MAT)
- ▶ Mental Health Services
- ▶ Incentives
- ▶ Sanctions
- ▶ Aftercare



Qualifications:

- ▶ Individuals on felony probation or parole/conditional release with one year or more of supervision.
- ▶ Moderate to severe substance use disorder (or co-occurring substance use and mental health disorders).
- ▶ Identified by the P&P Officers as high risk through screening, assessment tools, file review and individual interview.
- ▶ Deemed eligible by a treatment provider.



Probation & Parole Role:

- ▶ Ensure that the terms of each offender's Probation and parole are clearly understood and completed.
- ▶ The PO is responsible for anything within the confines of supervision concerning court orders, special conditions or directives that are specific to these.
- ▶ PO will assist with any directives or compliance needs related to the ICTS program and will work in conjunction with the treatment team to implement all expectations with this Supervision Strategy
- ▶ Regular and frequent contacts with the offenders in the community.
- ▶ Notification of any changes (job, phone, address) to the treatment team.
- ▶ Regular Staffing with the ICTS team to assess progress.

PROBATION AND PAROLE



Treatment Provider Role:

- ▶ Develop a plan based on comprehensive physical, mental and environmental assessment of the offenders strengths and needs.
- ▶ Set goals that contain objectives that are smaller progressive steps toward achieving the longer term goals.
- ▶ Interventions that are implemented to help meet the objectives and goals.



Treatment Team:

- ▶ Certified Peer Support Specialist
- ▶ Housing Specialist
- ▶ Employment Specialist
- ▶ Care Coordinator
- ▶ Nurses
- ▶ Counselors-
 - ▶ Substance Use Disorder Counselors
 - ▶ Co-occurring Disorder Counselors
 - ▶ Trauma Specialist
 - ▶ Family Therapist



Crisis Stabilization



Intensive, short-term stabilization for someone experiencing acute mental illness or substance abuse and or is actively withdrawing from Opioids or Amphetamines. The goal is to reduce unnecessary interventions such as hospitalization or detentions.

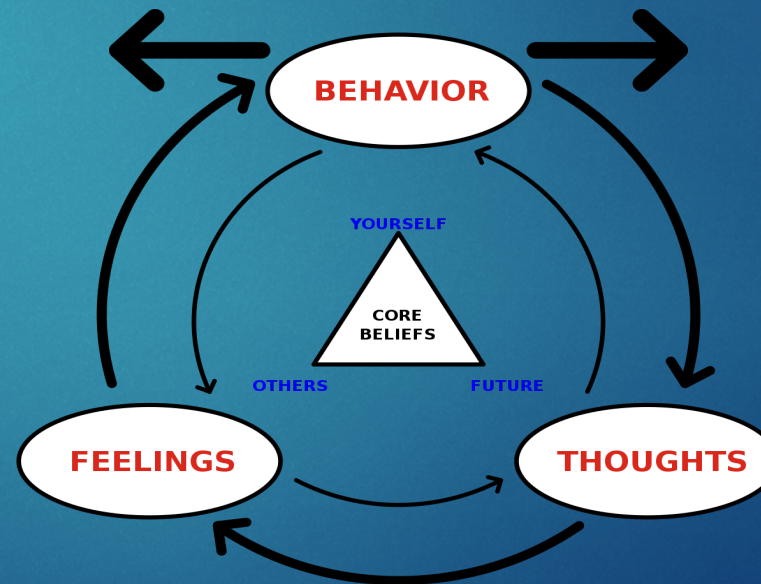
RESPONSES:

- ▶ Inpatient treatment
- ▶ (MAT) medication assisted treatment
- ▶ Increased outpatient services
- ▶ Physician care

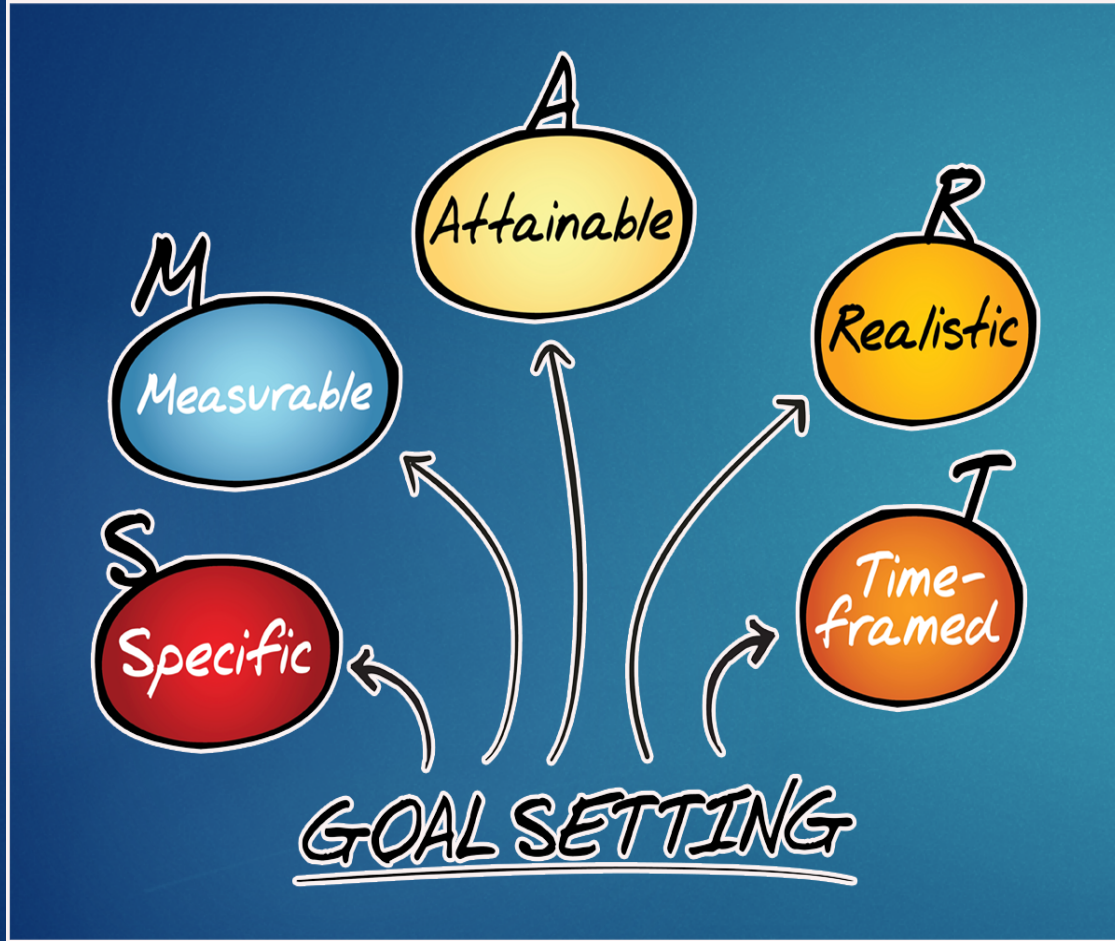
Cognitive Therapy



- ▶ Cognitive therapy centers on identifying and changing criminal or distorted thinking patterns, emotional responses and behavior patterns.



Map To Success



- ▶ Structure a strategy to reach attainable goals.
- ▶ Increase tolerance of planned risk with associated reluctances.
- ▶ Focus on specific results, action and momentum regarding goals.
- ▶ Continue assessment of disciplined activity with refinement of goals.
- ▶ Encourage progress.

What Success looks like:

Ashley Cardwell - Entered the ICTS program on March 2019 when the program was in the pilot phase and previously referred to as Justice Reinvestment Initiative Program (JRI). Ashley not only graduated from ICTS successfully in April 2021 but she was successfully discharged from Supervision on June 2021. We recorded Ashley's journey in the program...

Success Stories to come.....

Brothers Chale and Zack Ward, both recently completed the ICTS program

Chale Ward -age 30, entered ICTS on March 2020. He was a heavy IV meth user, recently divorced, living with his mother and is a father of three. Upon graduating ICTS on November 2021, Chale has maintained his sobriety, stable housing and employment for over 9 months. Chale was recently promoted to shift manager at McAlister's Deli, purchased a vehicle, and has repaired damaged relationships with his family.



Zach Ward -age 30, entered ICTS on March 2020. Zach also suffered from IV Meth use and was in and out of prison with new stealing charges in an attempt to fund his use. Fast forward to now, the ICTS team is currently planning his graduation! Zach has worked at The Wash Park since the spring of 2020 and recently rented a home with his girlfriend and is stepping in to be a great father figure for her young daughter.