

## **Crisis Stabilization Unit**

Enhancing the overall health and

wellbeing of those we serve

#### **Address**

146 Communications Drive Hannibal, MO 63501

### 24-Hour Crisis Line

800-356-5395

# Non-Emergency Office Number

573-248-1196

#### **Fax**

573-248-1259

#### Website

www.mtbh.org







#### What is a Crisis Stabilization Unit?

The Mark Twain Behavioral Health Crisis Stabilization Unit serves adults who need short-term, mental health crisis assessment and stabilization, but do not require the medical interventions of an acute care hospital or longer-term residential care. The Crisis Stabilization Unit welcomes walk-ins and both law enforcement and other community partner referrals. This is a voluntary, safe and compassionate setting to allow for immediate access to urgent psychiatric services, up to 23- hours of observation available and referrals for long-term mental health needs.

#### Services Offered

#### **Rapid Assessment Hours**

Monday – Thursday: 8am to 10 pm Friday: 8am – 12 Midnight Saturday- Sunday: 12pm – 12 am

#### 24-hour Crisis Phone Line

Available 24/7 to anyone who is experiencing a crisis or needs support and linkage to services.

#### (800)-356-5395

#### **Walk-in Crisis Services**

Provides immediate access for individuals in a safe and confidential environment with the availability of both medical and qualified mental health providers during the intake hours. The Crisis Stabilization Unit provides an outside entrance directly onto unit easily accessible for visitors and law enforcement.

#### **Crisis Focused Assessment**

This is a face-to-face or telehealth assessment to determine consumer eligibility for services. The assessment and crisis plan process will be inclusive of the consumer, family/natural supports and other treatment providers.

#### **Care Coordination**

Care coordination is available for the purpose of transition planning, linking to resources, advocacy, and discharge planning.

#### **Peer Support**

Peer Support Specialists are individuals with lived life experience with mental health and/or substance use disorders who are in recovery. They offer support and encouragement to struggling individuals and continuity of care within the first 48 hours of discharge.

#### Eligibility requirement for entering the Crisis Stabilization Unit

- Voluntary and willing to actively participate in the admission process
- Not actively suicidal, displaying aggressive behaviors or making threats of harm against others
- Medically stable, free of communicable conditions and ambulatory
- The CSU is not a placement for emergency housing
- Drug Free and Weapon Free Zone