

# Operating CCBHCs since 2017

Missouri was one of the original eight demonstration states selected for the CCBHC model, which was enacted by the Excellence in Mental Health and Addiction Treatment Act in 2014, transforming the way behavioral health services are funded and closing the disparity between physical health and behavioral health services. Missouri has CCBHCs serving every county in the state.

## **Patient Access to Care**



**№ 83**%

Overall increase in patients served from baseline (2017) to Year 6 (2023), Onboarded six new CCBHCs by 2023.

218,701 146,530 119,386 Missourians Served by CCBHCs

3,821

**Veterans & Active** Military Served by **CCBHCs** 

**∼**49%

Overall increase in veterans and active military served from baseline (2017) to Year 6 (2023).

## **Providing Medication Assisted Treatment**

CCBHC are providing



more patients with medication assisted treatment.



"Our Excellence in Mental Health demonstration program has shown that treating mental health like all other health is not only the right thing to do, it's the smart thing to do. For too long, emergency rooms and law enforcement have served as the de facto mental health care delivery system in our country. Certified Community Behavioral Health Clinics are changing that, helping people get the comprehensive behavioral health care they need, when they need it.

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- SENATOR ROY BLUNT, MISSOURI



# Value Based Measures

The percentages below represent the CCBHC population receiving the measured intervention.

81.9%

Follow up with youth after hospitalization for mental illness within 30 days

**74.6**%

Follow up with adults after hospitalization for mental illness within 30 days

67.8%

Adherence to antipsychotic medications for adults diagnosed with schizophrenia\*

29%

Engagement of alcohol and other drug (AOD) dependence treatment within 30 days of the initial visit for ages 13 and older

94.3%

Suicide risk assessment complete for youth diagnosed with depression\*

90%

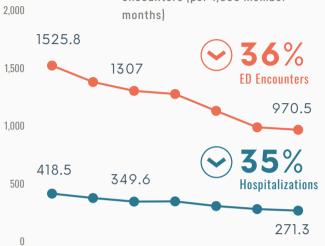
Suicide risk assessment complete for adults diagnosed with depression\*

\*CMS proposed changes to measure for 2024

## Reducing Hospital & ED

Utilization

CCBHCs have shown a reduction in the number of ED and hospital encounters (per 1,000 member



2018

## **Measuring Progress & Improvement**

The percentages below represent the CCBHC population receiving the measured intervention.

Follow up after emergency department visit for mental illness within 30 days

Screening and brief counseling for adults identified with unhealthy alcohol use

Weight assessment and counseling for nutrition and physical activity for youth

Diabetes screening for adults diagnosed with schizophrenia or bipolar disorder

more licensed clinicians



2016

181%

### Workforce Recruitment

2019

CCBHCs have seen growth in their care team positions from baseline to Year 6 (2023).

2020

165% more adult psychiatrists

130 49 adult psychiatry 500% more peer specialists

2022

216

peer specialist

# Law Enforcement Collaboration

**70**%

70%

**76**%

CCBHCs have partnered with local law enforcement agencies to receive referrals of those in need of behavioral health services.

Referrals reported July 2022 - June 2023:

22,821 Adult referrals

> 4,188 Youth referrals



#### MISSOURI BEHAVIORAL HEALTH COUNCIL

This report was prepared by the Missouri Behavioral Health Council using data reported by the Missouri Department of Mental Health, the Missouri Institute of Mental Health, and CCBHCs as of December 2023.



