Changing youth behavioral health treatment for the better

The Centerstone Youth Resiliency Campus opened in June 2026 and allows our behavioral health team to expand and enhance many of our offerings headquartered there while also offering an important new service, the Youth Behavioral Health Crisis Center. Across all our programs located at the YRC, we work with patients and their parents and guardians to offer life-changing care and to point them toward services and resources that can help.

Youth Behavioral Health Crisis Center

- Walk-in crisis care available for youth ages 12–17 whenever they need it.
- Crisis Center is located at the Youth Resiliency Campus West Entrance.
- Open 24/7, 365 days a year.
- Provides 23-hour crisis intervention.
- No wrong door approach. If follow-up or alternative services are needed, the YBHCC will help set up and connect youth to those services.
- Family support and peer support offered.
- Brief therapeutic services, as well as medication consultation and prescribing for mental health and substance use are available.
- Referrals and connections to ongoing care provided.
- **Phone: 417-761-5368;** if currently experiencing a crisis, please call or text 988 for immediate care.

About Centerstone

Centerstone is the largest nonprofit behavioral health organization in the United States. With more than 10,500 team members working at 360 locations in communities across the country, Centerstone provides healing and hope to people of all ages through mental health and addiction services, primary care, dental services, and social supports. Centerstone is a leader in operations for the 988 Suicide & Crisis Lifeline. Centerstone's Military Services offers specialized care nationwide for veterans and the military community. Centerstone's Institute provides guidance through research and technology, leveraging the best evidence-based practices for use across its communities. Centerstone's Foundation secures philanthropic resources to support the work and mission of delivering care that changes lives.

CENTERSTONE

877-HOPE123 (1-877-467-3123)

centerstone.org

Youth Resiliency Campus

2748 N. National Ave.
Springfield MO. 65803



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Youth Residential Program

- A 20-bed, psychiatric residential treatment program.
- Serves youth ages 13–17 struggling with safety and success in less restrictive environments.
- Accepts funding from the Missouri Department of Mental Health, Medicaid, and Children's Division.
- Dialectical Behavior Therapy, which helps patients manage their thoughts, emotions, and relationships, is the program's primary treatment model. DBT is supplemented by client-centered approaches such as multicultural counseling, expressive therapy, nature therapy, psychoeducation, and skills groups.

Referrals to the Youth Residential Program are initiated by contacting the referral email group:

YouthResidentialReferrals@burrellcenter.com
Phone: 417-761-5310

Multi-Systemic Therapy

- Evidence-based family therapy service provided to families in their home and in community settings.
- MST is designed to last three-five months, allowing families to receive intensive treatment multiple days a week.
- MST is a flexible service and can be provided any day of the week and any time of day.
- MST clients are youth ages 12–17 at risk of removal from their homes or guardianship as a result of antisocial behaviors.
- MST is collaborative and partners with referral sources, families, youth, and other systems in place to identify desired outcomes and create weekly interventions.
- Referrals can be made from patient's current Centerstone provider or accessed through any of our Connection Centers.

Client Centered Outpatient Services

- Designed to assist youth who struggle in a community or school setting.
- Purpose is to stabilize behaviors and work to reintegrate into a community or school setting.
- 25 hours of intensive outpatient groups and skills-based interventions.
- Follows a school-based schedule with classroom time, art, music, lunch, and
- recreation activities throughout the day. Referrals can be made from patient's current Centerstone provider or accessed
- through any of our Connection Centers.

Intensive Outpatient Services

- Designed to assist youth that might do well with a structured environment, like school, but struggle with unstructured time in the evening.
- Nine hours of intensive outpatient sessions including individual, group,
- family and skills-based interventions. This program is Dialectical Behavioral Therapy (DBT) based.
- Referrals can be made from patient's current Centerstone provider or accessed
- through any of our Connection Centers.